



*** Revised Syllabus 4.6.2015 ***

WASHINGTON STATE UNIVERSITY COLLEGE OF NURSING | DOCTOR OF NURSING PRACTICE

**Course Syllabus
Fall 2017**

COURSE NUMBER:	NURS 582
COURSE TITLE:	PMHNP Internship
CREDIT HOURS:	3
CREDIT RATIO (number of required practicum hours for each credit, if applicable):	This course requires the completion of a <i>minimum</i> of 180 hours of hands-on, direct-care practicum/clinical experiences
COURSE FORMAT:	Hybrid course (in-class and on-line sessions; clinical practice experiences)
COURSE FACULTY:	Carrie Holliday Email: cholliday@wsu.edu Office Location: SNRS 422D Office Hours: TBD Office Phone: 509-324-7419
ADDITIONAL FACULTY:	Julie DeWitt-Kamada Email: jdewitt@vancouver.wsu.edu Office Location: VLIB 210M Office Hours: TBD Office Phone: 360-546-9349
PREREQUISITES:	Successful completion of NURS 530, 501, 502, 544, 545, 547, 555, 560
COREQUISITES:	None
MEETING TIME:	0900-1700 on 8/23/17 & 12/13/17; 1310-1500 on 9/20/17 & 10/18/17. Online: In-class activities are supplemented by on-line learning activities during weeks when class sessions are not held. See details in this syllabus and on the course website.
MEETING LOCATION:	Spokane or Vancouver
CATALOG DESCRIPTION	A culminating clinical internship for PMHNP students where they will demonstrate comprehensive skills in providing psychiatric care.

Course Syllabus

COURSE DESCRIPTION

This course is a culminating clinical internship for PMHNP students. Students will complete clinical hours in settings where they will demonstrate comprehensive skills in psychiatric assessments for differential diagnosis to plan, implement and evaluate evidence-based treatment interventions. Students are expected to utilize extensive knowledge in psychotherapy and psychotherapeutic medications as interventions applied to increasingly complex individuals, families, and groups of all ages. Practice settings will include communities in urban, rural and medically underserved areas. Promotion of wellness, health maintenance, disease prevention and management will also be emphasized. Application of knowledge of legal standards of care, practice management dynamics and use of the inter-professional healthcare team will be foundational to the clinical work.

STUDENT LEARNING OUTCOMES

1. Develop age appropriate therapeutic alliances, differential diagnosis and treatment plans for individuals, families or groups based on current evidence and clinical practice guidelines.
2. Identify appropriate outcome measures to evaluate effectiveness of psychiatric care.
3. Identify and mitigate patient safety issues in prescribing psychotherapeutic agents or implementing psychotherapy interventions.
4. Guide patients in understanding and evaluating use of complementary and alternative therapies in providing comprehensive psychiatric care.
5. Accurately document care according to legal and professional standards.
6. Recognize impacts of acute or chronic medical conditions while providing psychiatric care.
7. Manage psychiatric emergencies using the inter-professional team to facilitate client care including demonstrated competency in use and/or knowledge of seclusion and restraints.
8. Demonstrate advanced self-awareness appropriate to the role of the psychiatric/mental health nurse practitioner.
9. Seek consultation with colleagues to reduce health disparities and improve clinical outcomes for populations with mental health problems and psychiatric disorders.
10. Utilize essential practice management knowledge to inform care processes on a global level.

INSTRUCTIONAL STRATEGIES

Clinical course procedures are outlined in the “PMHNP Program Clinical Guidelines” manual. Students are required to review this guide for a full description of the expectations and requirements of clinical.

COURSE POLICIES

In general in this course and in all of the activities that are part of this class, all College of Nursing and Washington State University student handbooks and Graduate School guidelines, academic policies, and standards of conduct apply. Students are assumed to and responsible to be aware of these policies and standards as written and available on the University websites and in University publications.

Policies that are specific to this course are described below in alphabetical order, not in order of importance. All policies carry equal importance and weight. If you do not understand something that is written here, it is your responsibility to seek clarification.

Course Syllabus

Attendance Policy

Because the PMHNP program is developed on intensive learning opportunities, attendance in the 2 scheduled class sessions is REQUIRED. Failure to adhere to attendance policy will result in 10% reduction in overall course grade for every class sessions missed.

Course Changes

Although there will be no changes in student learning outcomes or course materials, the instructor reserves the right to make slight modifications to the course calendar and assignments.

Important Dates and Deadlines

Students are encouraged to refer to the academic calendar often to be aware of critical deadlines throughout the semester. The academic calendar can be found at www.registrar.wsu.edu/Registrar/Apps/AcadCal.ASPX.

Internet Access

This course requires **high-speed internet access**. Dial-up options for internet will not permit you to view many of the assignments. If you do not have high-speed internet at home, then consider your work place (hospital library), the public library, or other locations where you may be able to access course materials.

Late Assignments

Late assignments will be accepted with point reduction up to 10% of total grade possible. Arrangements must be made with instructor.

Written Assignment Formatting

Graduate (Doctoral) level writing is expected. Use the APA Manual, 6th Edition, as the guide for all document formatting including in-text citations and references. Some class assignments will require adherence to APA formatting. It is not possible to apply all of the APA guidelines and have them transfer properly in discussion board postings, and so the college now requires that any assignments requiring APA format must be sent as attachments.

- Prepare these assignments in Microsoft Word
- Save your work as a “.doc” file (this is the MS Word default file type).
- Type in a subject line that includes the name of the assignment and your initials
- Use the “Attach” function to find and attach the file from your word processor.
- Then send it.
- For examples and information on APA, please refer to the following site:
<http://nursing.wsu.edu/library/apa5format.html>

Workload

It is WSU policy that for every hour of faculty directed activities, students should expect a minimum of two hours engaged in supportive learning activities. Depending on your skills and knowledge as a learner, additional time may be required.

Course Syllabus

Academic Integrity Policy

Academic integrity is the cornerstone of the university. You assume full responsibility for the content and integrity of the academic work you submit. You may collaborate with classmates on assignments, with the instructor's permission. However the guiding principle of academic integrity shall be that your submitted work, examinations, reports, and projects must be your own work. Any student who violates the University's standard of conduct relating to academic integrity will be referred to the Office of Student Conduct and may fail the assignment or the course. You can learn more about Academic Integrity on your campus using the URL listed in the Academic Regulations section or to <http://conduct.wsu.edu/academic-integrity-policies-and-resources>. Please use these resources to ensure that you don't inadvertently violate WSU's standard of conduct.

Sanctions for academic integrity violations may include receiving a failing grade for the assignment or examination, and may also include receiving a failing grade for the course. In some cases, the violation also may lead to the student's dismissal from the WSU College of Nursing.

Graduate-level courses: faculty may also use the statement available on the GSC website:

<http://gradschool.wsu.edu/FacultyStaff/Committee/>

WSU's Campus Safety Statement

Washington State University Spokane is committed to maintaining a safe environment for its faculty, staff, and students. Safety is the responsibility of every member of the campus community and individuals should know the appropriate actions to take when an emergency arises. As part of this commitment, the university has prepared a Campus Safety Plan for each campus. These plans include a listing of university policies, procedures, statistics and information relating to campus safety, emergency management and the health and welfare of the campus community. All students should go to the zzusis portal at <http://zzusis.wsu.edu> and register their emergency contact information for the Crisis Communication System (CCS). Enter your network ID and password and you will be taken to the zzusis portal page. Providing multiple contact methods will help ensure you receive notifications in a timely manner, and your information will NOT be used for any other purpose.

WSU-Pullman Campus Safety Plan

<http://safetyplan.wsu.edu>

WSU-Vancouver Campus Safety Plan

<http://www.vancouver.wsu.edu/safety-plan>

WSU-Tri-Cities Campus Safety Plan

<http://www.tricity.wsu.edu/safetyplan/>

WSU-Spokane Campus Safety Plan

<http://spokane.safetyplan.wsu.edu/>

The University emergency management web site at <http://oem.wsu.edu/emergencies>.

Information about emergencies can be found on the WSU ALERT site – <http://alert.wsu.edu>. Alert notices can also be found on each campus Alert Site.

Course Syllabus

Spokane: http://spokane.wsu.edu/services/Facilities/Safety_Security/

The WSU Spokane Campus Safety Plan contains a comprehensive listing of university policies, procedures, statistics, and information relating to campus safety, emergency management, and the health and welfare of the campus community. The Campus Safety Plan can be found at: <http://spokane.wsu.edu/services/Facilities/campus-safety-plan/>. Please visit this site to become familiar with the campus safety and emergency information provided. A link to the WSU Pullman Safety Plan is also available on this web site. Look for the “*Spokane Emergency Information*” box on the left side of the page and click the update link to be taken to the registration page where you can enter your cell, landline, and email contact information as well as arrange for emergency text messages to be sent to your cell phone.

Tri-Cities:

Should there be a need to evacuate the building (e.g., fire alarm or some other critical event), students should meet the instructor at the blue light pole in the WEST or CIC Parking lot [use the parking lot for the building in which your class is located]. A more comprehensive explanation of the campus safety plan is available at www.tricity.wsu.edu/safetyplan. An emergency alert system is available and you can sign up for it at tricity.alert.wsu.edu.

Vancouver:

WSU has made an emergency notification system available for faculty, students, and staff. Please register at zzusis with emergency contact information (cell, email, text, etc.). You may have been prompted to complete emergency contact information when registering for classes at ROnet. In the event of a building evacuation, a map at each classroom entrance shows the evacuation point for each building. Please refer to it. Finally, in case of class cancellation campus-wide, please check local media, the WSU Vancouver web page and/or <http://www.flashalert.net/>. Individual class cancellations may be made at the discretion of the instructor. Each individual is expected to make the best decision for their personal circumstances, taking safety into account. [Safety plan website](#).

Graduate-level courses: Faculty may also use the statement available on the GSC website:

<http://gradschool.wsu.edu/FacultyStaff/Committee/>

WSU Disability Statement

Reasonable accommodations are available for students with a documented disability. If you have a disability and may need accommodations to fully participate in this class, please visit the Access Center on your campus. All accommodations MUST be approved through the appropriate Access Center. Please stop by or call 509-335-3417 to make an appointment with an Access Advisor. For more information contact a Disability Specialist on your home campus:

WSU-Pullman Access Center
Washington Building, Room 217
509-335-3417

WSU-TriCities Disability Services
<http://www.tricity.wsu.edu/disability/>
Student Services Department, West Bldg, Room 262
509-372-7352.

WSU-Spokane Disability Services

Course Syllabus

<http://spokane.wsu.edu/students/current/StudentAffairs/disability/disabilitystatement.html>

Academic Center, Room 130

509-358-7534

WSU-Vancouver Disability Services

<http://studentaffairs.vancouver.wsu.edu/student-resource-center/disability-services>

VMMC, Lower Level

360-546-9138

Distance students may contact their 'home' campus office or may wish to access information at this website:

<http://drc.wsu.edu/default.asp?PageID=1799>

LEARNING MANAGEMENT SYSTEM

Angel is the learning management system used by Washington State University to teach online portions of courses. To use the Angel course management system, you must first enroll in Angel. To enroll, you will need the user name and password assigned for use with MyWSU. To access Angel, go to:

<http://lms.wsu.edu>. You will find the course syllabus in the section, "Syllabus." The course readings are available on electronic reserves via the library and can be accessed in the section, "Lessons."

See <http://ams.wsu.edu/Index.aspx> for Academic Media Services to access videostreamed classes and other information related to classroom use and videoconferencing. To access videostream sessions you will need the user name and password assigned for use with MyWSU.

TEXTBOOKS AND LEARNING MATERIALS

Required

Johnson, K. & Vanderhoef, D. (2014). Psychiatric nurse practitioner review manual. Silver Springs MD: American Nurse Credentialing Center.

American Psychiatric Association (2013). *Desk Reference to the Diagnostic Criteria from DSM- 5* ® ISBN: 0-890425558

Chanmugam, A. & Triplett, P. (2013). Emergency psychiatry. Boston, MA: Cambridge University Press. ISBN 0521879264

Recommended Texts from previous PMHNP courses will support work in this class as well.

Selected Additional Readings

Buppert, C. (2014). Nurse practitioner's business practice and legal guide. Philadelphia PA: Jones and Bartlett Learning. ISBN 1284050912

American Nurses' Association (2007). *Psychiatric-Mental health nursing; Scope and standards of practice*. Washington DC: American Nurses' Association. ISBN: 1-555810-155.

American Psychiatric Association. Clinical practice guidelines. Retrieved from <http://www.psych.org/practice/clinical-practice-guidelines>

Course Syllabus

American Academy of Child and Adolescent Psychiatry. Practice parameters. Retrieved from http://www.aacap.org/AACAP/Resources_for_Primary_Care/Practice_Parameters_and_Resource_Centers/Practice_Parameters.aspx

EVALUATION

All detail regarding clinical performance and evaluation may be found in the DNP student handbook. Students are referred to review this document for detail regarding evaluation.

Assignments (students taking less than three credits in one semester will have reduction in assignment expectations accordingly.)

While a grade of C is considered a passing grade for this course, graduate students are expected to maintain a grade point average of B or better to remain enrolled in Graduate Studies at Washington State University. There are no extra credit opportunities provided in this course. Plan to do well on all assignments.

Reflective journals

Comprehensive Psychiatric Evaluation with reflection (5)	32 points each = 40%
Brief medication follow-up (SOAP) note with reflection (5)	20 points each = 20%

Class

Interprofessional experiences (2)	20 points each = 25%
Supervision/ Participation (10 online)	5 points each = 15%

Grading Scale: The WSU Grading Scale is used for all assignments in this course while

“Satisfactory/Unsatisfactory” is used for the final grade.

A	4.0	95-100	C+	2.3	76-79
A–	3.7	90-94	C	2.0	73-75
B+	3.3	86-89	C–	1.7	70-72
B	3.0	83-85	D+	1.3	66-69
B–	2.7	80-82	D	1.0	60-65

F – Points 59 or below – NO POINTS; NO COURSE CREDIT

Incompletes

Graduate school policy (Academic Regulation #90) states that incompletes may *only* be awarded if: “the student is unable to complete their work on time due to circumstances beyond their control”.

Communicate with course faculty as soon as you know that this rule may apply to your circumstances.

GRADING CRITERIA

Comprehensive evaluations: Students must submit 5 comprehensive evaluations completed based on experiences in the clinical setting. All evaluations submitted **MUST** be HIPPA compliant with no patient identifiers. At a minimum, each evaluation should include each of the graded areas:

Category	Points
----------	--------

Course Syllabus

	Possible
Identifying Information	1
Chief Complaint with HPI	3
Past Psychiatric History	2
Family History of Mental and Medical Illness	1
Current Life Circumstance	1
Substance use and treatment hx	2
Brief Mental Status Exam	4
Assessment DSM-5 Rationale	3
Discussion & Plan: Synthesis	4
Treatment Recommendations with accurate reference to practice guideline(s)	4
Health Promotion	3
Legal, ethical and practice management considerations identified; self reflection of practice described.	4

Medication follow up note (SOAP): Students must submit 5 SOAP notes for brief medication follow up or therapy interventions. Again, these must be HIPPA compliant.

Category	Points Possible
Identifying Information	1
Chief Complaint and subjective report	4
Objective evaluation (Mental Status Exam)	4
Assessment DSM-5 diagnosis	3
Plan with treatment recommendations and patient education, reference practice guideline	4
Legal, ethical and practice management considerations identified; self reflection of practice described.	4

Supervision/ Participation: Substantive participation includes the presentation of clinical experiences, the student's self-evaluation of their clinical work and the student's ability to consider feedback from faculty and/or peers. These elements will be evaluated using the Class Participation Rubric below.

Clinical Supervision/ Participation Rubric				
	Exemplary	Very good	Passing	Needs Improvement
	4-5 points	2-3 points	1 points	0 points
Quality of Contribution	Presents ideas and analysis of clinical interactions succinctly with insightful and valid self-	Presents ideas and analysis of clinical interactions succinctly with insightful and valid self-	Contributed minimally to discussion in class or provided little insight about their clinical	Fails to participate or does not attend class session.
Quality is most important. Content and depth of analysis				No opportunity for others to

Course Syllabus

Clinical Supervision/ Participation Rubric				
	Exemplary	Very good	Passing	Needs Improvement
make participation substantive. (80% of points possible)	evaluation. Offered interpretation to others and accepted feedback.	evaluation. Accepted some feedback from others.	experiences, minimal self-evaluation noted.	benefit from their contribution or to respond to self- evaluation.
Timeliness (20% of points possible)	Student submits reflective posting on-time. Responds to 2 peers within 4 days of their posting.	Student submits reflective post less than 2 days late. Responds to 2 peers within 4-5 days of their posting.	Student submits reflective post 3 or more days late. Responds to 1-2 peers within 5 days or less of their posting date.	Student does not post or posts 5 or more days after due date. Student does not respond to peers or responds more than 5 days after their original post.

Interprofessional experiences: The first and last class meetings will be on campus events that encompass a full day of experiential learning opportunities. Students are required to attend these events as a way to prepare you for practicums in the clinical settings. Students will be provided a handout that fully outlines the events of these on-campus days. Grading will be based on your participation in the workshop and written performance at the end of both experiences, which is intended to show significant growth in clinical acumen.

Use of effective therapeutic communication for building alliances and communicating diagnostic and therapeutic interventions.	4
Considers patient culture, life perspectives, treatment feasibility and expected outcomes when defining interventions.	3
Demonstrates safe, organized and systematic approach to patient assessment and treatment planning.	4
Use clinical decision making resources appropriately.	3

Course Syllabus

Incorporates health promotion and disease prevention in care.	2
Accurately utilizes interprofessional team skills to complete patient assessment and treatment plan.	4



WASHINGTON STATE UNIVERSITY COLLEGE OF NURSING | DOCTOR OF NURSING PRACTICE
COURSE MAP

Program Outcome	Student Learning Outcome	Demonstration of Student Learning (assignments, presentations, etc.)
2. Applies best practices in the selection and implementation of specific psychotherapeutic, pharmacologic and preventative interventions. 5. Develop and sustain therapeutic collaborative relationships with individuals, families, groups and other professionals.	1. Develop age appropriate therapeutic alliances, differential diagnosis and treatment plans for individuals or families based on current evidence and clinical practice guidelines.	Comprehensive evaluations; medication follow up notes; supervision participation
2. Applies best practices in the selection and implementation of specific psychotherapeutic, pharmacologic and preventative interventions.	2. Identify appropriate outcome measures to evaluate effectiveness of psychiatric care.	Comprehensive evaluations; medication follow up notes
2. Applies best practices in the selection and implementation of specific psychotherapeutic, pharmacologic and preventative interventions.	3. Identify and mitigate patient safety issues in prescribing psychotherapeutic agents or implementing psychotherapy interventions.	Comprehensive evaluations; medication follow up notes
2. Applies best practices in the selection and implementation of specific psychotherapeutic, pharmacologic and preventative interventions.	4. Guide patients in understanding and evaluating use of complementary and alternative therapies in providing comprehensive psychiatric care.	Comprehensive evaluations; medication follow up notes
4. Practice within the scope of legal, professional, and ethical standards of advanced psychiatric/mental	5. Accurately document care according to legal and professional standards.	Comprehensive evaluations; medication follow up notes

Course Syllabus

health nursing.		
2. Applies best practices in the selection and implementation of specific psychotherapeutic, pharmacologic and preventative interventions.	6. Recognize impacts of acute or chronic medical conditions while providing psychiatric care.	Comprehensive evaluations; medication follow up notes; supervision participation
4. Practice within the scope of legal, professional, and ethical standards of advanced psychiatric/mental health nursing.	7. Manage psychiatric emergencies using the inter-professional team to facilitate client care including demonstrated competency in use and/or knowledge of seclusion and restraints.	Comprehensive evaluations; medication follow up notes; supervision participation; interprofessional experiences
5. Develop and sustain therapeutic collaborative relationships with individuals, families, groups and other professionals.	8. Demonstrate advanced self-awareness appropriate to the role of the psychiatric/mental health nurse practitioner.	Comprehensive evaluations; medication follow up notes; supervision participation
2. Applies best practices in the selection and implementation of specific psychotherapeutic, pharmacologic and preventative interventions.	9. Seek consultation with colleagues to reduce health disparities and improve clinical outcomes for populations with mental health problems and psychiatric disorders.	Comprehensive evaluations; medication follow up notes; interprofessional experiences
4. Practice within the scope of legal, professional, and ethical standards of advanced psychiatric/mental health nursing.	10. Utilize essential practice management knowledge to inform care processes on a global level.	Comprehensive evaluations; medication follow up notes; interprofessional experiences



WASHINGTON STATE UNIVERSITY COLLEGE OF NURSING | DOCTOR OF NURSING PRACTICE

NURS 582: PMHNP Internship

CLASS SCHEDULE

Week/Date	Topic/Content	Learning Activity
1 Class 8/23/17 0900-1700 Faculty-directed activities: 7.5 hours	Course introduction PMHNP clinical requirements E-value review Interprofessional Workshop	Review course syllabus Review PMHNP Clinical Guidelines manual Assignment: post introduction to LMS discussion board with description of clinical setting
2 8/30/17	Clinical practicum experience – individually arranged	
3 9/6/17 Online (Faculty directed activities: 3 hours)	Clinical practicum experience – individually arranged	Assignment: Post journal, highlight EBP of focus
4 9/13/17 Online (Faculty directed activities: 3 hours)	Clinical practicum experience – individually arranged	Assignment: Post journal, highlight EBP of focus
5 9/20/17 Class meets 1 – 3 PM Faculty-directed activities: 2 hours	Clinical practicum experience – individually arranged Professional supervision	Assignment: Prepare to review ANCC manual, test prep; review of clinical cases

Course Syllabus

Week/Date	Topic/Content	Learning Activity
6 9/27/15	Clinical practicum experience – individually arranged	
7 10/4/17 Online (Faculty directed activities: 3 hours)	Clinical practicum experience – individually arranged	Assignment: Post journal, highlight EBP of focus
8 10/11/17	Clinical practicum experience – individually arranged	Assignment: Post journal, highlight EBP of focus
9 10/18/17 Class meets 1-3 PM Faculty-directed activities: 2 hours	Clinical practicum experience – individually arranged Professional supervision	Assignment: Prepare case to highlight legal or business practice issue
10 10/25/17	Clinical practicum experience – individually arranged	
11 11/1/17 Online (Faculty directed activities: 3 hours)	Clinical practicum experience – individually arranged	Assignment: Post journal, highlight business practice issue focus
12 11/8/17 Online (Faculty directed activities: 3 hours)	Clinical practicum experience – individually arranged	Assignment: Post journal, highlight EBP of focus
13 11/15/17	Clinical practicum experience – individually arranged	
	THANKSGIVING BREAK	
14	Clinical practicum experience – individually arranged	Assignment: Post journal, highlight legal issue of focus

Course Syllabus

Week/Date	Topic/Content	Learning Activity
11/29/17 Online (Faculty directed activities: 3 hours)		
15 12/6/17	Clinical practicum experience – individually arranged	
16 12/13/17 Class meets 0900-1700 Faculty-directed activities: 7.5 hours	Interprofessional workshop Clinical practicum experience – individually arranged	Attend all conference activities; Complete all clinical hours by end of this week END of term, verify completion of all hours, assignments and evaluations; verify all e-value requirements are completed